



## GRAB & GO BREAKFAST MENU

You do not need to choose any, the packed breakfast will be ready for you to collect in the morning between 6 am & 10 am.

### **SANDWICH**

Daily special

### **WHOLE FRESH FRUIT**

Banana, Apple, Satsuma, or Fruit salad

### **YOGURT**

Low-fat fruit yogurt or Low-fat plain yogurt

### **PASTRY**

Croissant, Blueberry muffin, or Chocolate muffin

### **CEREAL**

Porridge, Cornflakes, Bran Flakes, or Weetabix Fruit & Fibre

### **BEVERAGE**

Water, Orange juice, Apple Juice or Coffee

All our food is prepared in a kitchen where cross contamination may occur and our menu descriptions do not include all ingredients. Full allergen information is available upon request. If you have a question, food allergy or intolerance, please let us know before placing your order. Some of our dishes contain alcohol - please ask a team member for further details.